

SAILING RESUME

COLGATE SAILING ADVENTURES® FLOTILLA CRUISES

Please email this Form to Info@OffshoreSailing.com

- This form is to be completed with your application to participate in a Colgate Sailing Adventures® flotilla cruise. This form will be reviewed by our management team who will decide if your sailing skills and mobility are sufficient to participate in the cruise you have chosen. If accepted, this resume will also be used by the flotilla cruise leaders to put crews together and designate a Skipper and Navigator for each boat. **If you have others in your party who have signed up, each person must fill out a separate form. Please print, do not use script.**

Important Notes:

- **You must be fully-vaccinated against COVID-19 to participate in any flotilla**
- These trips are hands-on activities that require unaided mobility getting on and off docks, boats, and dinghies in various weather conditions
- You must fully answer and attest to any medical conditions that may hinder your full participation
- There are no professional doctors assigned to be aboard these trips, nor is emergency healthcare readily available in some of the remote locations where we may sail
- While the trip leaders have first aid knowledge, they will not administer any medication, nor will they provide any over-the-counter or prescription drugs to participants

YOUR FULL NAME _____
Male Female | Age: 18-25 26-35 36-45 46-55 56-65 Over 65 | Approximate Weight _____
 Flotilla Cruise Desired _____ Location _____ Start Date _____

Are you fully vaccinated against COVID-19? Yes No

1. **DO YOU HAVE ANY SAILING OR POWER CERTIFICATIONS?** Yes No

If **YES**, check all boxes below that apply and fill in the information required on each applicable line. If you earned certification at Offshore Sailing School, just use OSS on the School Name line. USSA indicates your certification is from US Sailing Association. ASA indicates your certification is from American Sailing Association. RYA is the Royal Yachting Association and CYA, formerly Canadian Yachting Association, is now Sail Canada.

Course Name	School Name	USSA	ASA	Year Earned	Size Boat
<input type="checkbox"/> Basic Keelboat 101	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> Performance Sailing 102	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> Basic Cruising 103	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> Bareboat Cruising 104	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> Coastal Navigation 105	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> Coastal Passage Making 106	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> Celestial Navigation 107	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> Offshore Passage Making 108	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> Performance Race Week 109	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> Power Cruising on Powerboat 112	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> Catamaran Endorsement 114	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> Other: _____	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> Other: _____	_____	<input type="checkbox"/> RYA	<input type="checkbox"/> CYA	_____	_____

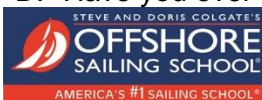
2. **DO YOU HAVE AN INTERNATIONAL PROFICIENCY CERTIFICATE (IPC)?** Yes No
 If **YES**, from US Sailing, ASA, or International Certificate of Competence (ICC) issued in Europe.



3. IN THE PAST TWO YEARS, HOW RECENTLY AND HOW FREQUENTLY HAVE YOU SAILED AS SKIPPER OR ACTIVE CREW: _____
-
4. ON WHAT TYPE OF BOAT(S) AND WHAT SIZE FOR EACH? _____
5. DO YOU HAVE A MARINE RADIO OPERATOR'S PERMIT FOR A VHF RADIO? Yes No
6. HAVE YOU SAILED ON A COLGATE SAILING ADVENTURES® FLOTILLA CRUISE BEFORE? Yes No If Yes, list the year, location, and your role aboard for the last four you participated in.
 Year_____ Location _____ Skipper Navigator Crew Catamaran Monohull
 Year_____ Location _____ Skipper Navigator Crew Catamaran Monohull
 Year_____ Location _____ Skipper Navigator Crew Catamaran Monohull
7. HAVE YOU BAREBOAT CHARTERED ON YOUR OWN OR WITH OTHERS IN THE PAST? Yes No If Yes, list the year, location, and your role aboard for the last four you participated in.
 Year_____ Location _____ Skipper Navigator Crew Catamaran Monohull
 Year_____ Location _____ Skipper Navigator Crew Catamaran Monohull
 Year_____ Location _____ Skipper Navigator Crew Catamaran Monohull
8. WHICH POSITION(S) ARE YOU MOST COMFORTABLE DOING ON A SAILBOAT? Check all that apply. Captain Skippering Navigating Steering Crewing Passenger
9. WHICH TYPE AND SIZE BOATS HAVE YOU SAILED ON MOST? Check all that apply.
Dinghy (14' or under)
Small catamaran like Hobie Cat
Daysailer: under 20' 20-25' 26-30'
Monohull cruising boat under 30' 31-35' 36-45' 46-59' 60' or over
Catamaran cruising boat under 30' 31-35' 36-45' 46-59' 60' or over
Powerboats under 30' 31-35' 36-45' 46-59' 60' or over
10. WHICH OF THESE SKILLS ARE YOU MOST COMFORTABLE DOING ABOARD? Check all that apply.
Steering/helming On all points of sail and In heavy seas
Using a GPS to plot a course and Reading and using nautical charts to plot your course
Picking up mooring balls while on the helm and Assisting as crew to pick up mooring balls
Docking a boat alongside in varied wind conditions and directions while on the helm
Docking a boat stern to or bow in (Med-mooring) while on the helm
Anchoring a boat while on the helm In windy conditions In crowded harbors
Knowing when and how to reef the main and reduce sail area As helmsperson As crew
Maneuvering under power while on the helm In windy conditions In crowded harbors
Assisting as crew, handling and cleating lines Docking alongside Med-mooring Anchoring
Understanding and using the Rules of the Road (Col Regs) to avoid potential collisions with sailboats under sail, sailboats under power, power boats and commercial vessels in channels and open waters, vessels under tow and other situations
11. WOULD YOU LIKE TO BE SKIPPER OR NAVIGATOR ON THIS FLOTILLA CRUISE? Yes No
 Based on the information provided on this form, the cruise leader will designate a Skipper and Navigator on each boat in the flotilla when putting the crews together.

12. PLEASE ANSWER THE FOLLOWING QUESTIONS:

- A. Is the port side of the boat on your right or left side as you face forward?
- B. Which of these knots do you feel comfortable tying and using: bowline clove hitch stopper knot?
- C. A tack is a corner of a sail maneuver when sailing upwind side of the boat opposite the boom?
- D. Have you ever participated in reefing a mainsail? Yes No



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- E. When reefing, are you aground reducing sail area
- F. If the leeward jib telltale is fluttering, do you trim the sail or ease the sail?
- G. A wind shift towards the bow is called a header lift tack?
- H. When you enter a harbor in U.S. waters should the green buoy be to your right or left?
- I. Which of these are the five points of sail: Downwind Aft of abaft Close-hauled Upwind Close reach Tight reach A run Beam reach
- J. If your course heading is 225° are you sailing north northeast west northwest south southwest east southeast?
- K. Is a divider used to separate bunks below measure distance on a chart decide how to trim sails?
- L. When a boat's main boom is on the boat's starboard side, is it on a port tack or starboard tack?
- M. When sailing upwind are your sails close-hauled luffing all the way out?
- N. What does "jibe ho" mean? You are about to turn the boat from port to starboard or vice versus while sailing upwind. Your mainsail is about to cross the boat as you change direction with the wind behind you or off your aft quarter. You are issuing a warning that you may be on a collision course with another boat?
- O. Compass error caused by metal influences on a boat is called deviation cavitation variation
- P. Does the apparent wind change with the boat's speed and direction? Yes No
- Q. Have you calculated a Course to Steer (CTS) and Estimated Position (EP)? Yes No
- R. Are you familiar with operating a GPS (global positioning system) on a boat? Yes No

13. YOUR HEALTH AND PHYSICAL CAPABILITIES

In this section, please provide accurate information about your health and capabilities aboard a 40'-50' sailboat. You must also attest to the accuracy of your answers at the end of this section.

- A. Do you have any physical limitations that would make it difficult for you to move on, off, or around the boat, steer, pull on lines, communicate easily? **If you checked any of these boxes, you must explain:**

- B. Have you had or been treated for an illness, or had any major impairments such as, a stroke, heart attack, or an injury that now limits your flexibility, strength and ability to move about the boat with ease? No Yes **If Yes, you must please provide explanations and timeframes for each incident:**

- C. **Without help from others**, are you able to move from a cruising boat to a small dinghy, from dinghy to shore, and back on dinghy; and from dinghy onto cruising boat under challenging wave conditions? Yes No **If NO, you must explain:**

- D. Do you have any dietary issues that cause allergic reactions? No Yes. **If YES, please explain:**

Please note: For all flotillas, we supply a menu of standard provisions for all participants aboard. If you have specific dietary restrictions or needs, please bring those items with you.

- E. Do you require a CPAP when sleeping? No Yes **If YES, you must be self-sufficient as electricity cannot be guaranteed at all times aboard. The CPAP must be portable, able to function without boat power.**

I attest to the fact that I understand the parameters and expectations of this trip, and that all answers I have given above in Section 13 are true and accurately describe me.

Printed Name/: _____ Date: _____

Sign here: _____

